

Cibola General Hospital

"As a Physician trained in outpatient and inpatient medical care, I personally am concerned that people experiencing life-threatening conditions from acute issues or flares of chronic issues, will delay seeking care due to fear of COVID-19 exposure or medical system limitations. But we want **you** to know, **we are here for you**, and a delay in medical care could result in a worse outcome and a more difficult recovery.

Please, seek medical attention without delay when needed."

When to go to an emergency room:

- Chest pain
- Difficulty breathing
- Slurred speech
- Seizures
- Serious burns
- Head or eye injury
- Fever with a rash
- Broken bones & dislocated joints
- Fainting/change in mental state
- Severe cuts that may require stitches
- Sudden onset weakness
- Numbness on one side
- Severe cold or flu symptoms
- Vaginal bleeding with pregnancy

**We also have an in person acute care clinic open Monday - Friday for cold, flu, & COVID.
Same day or next day appointments, Call today! (505)287-6500**



A message from
Dr. Amanda Young, DO
Hospitalist at CGH